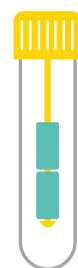


Instructions for use of the kit

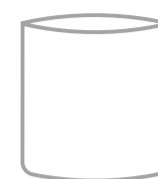
This test is intended to detect sexually transmitted diseases, e.g. testing for the presence of bacteria *Neisseria gonorrhoeae*, *Chlamydia trachomatis*, *Mycoplasma genitalium* and *Trichomonas vaginalis* parasites in urine.

What's included:



Test tube for urine transport

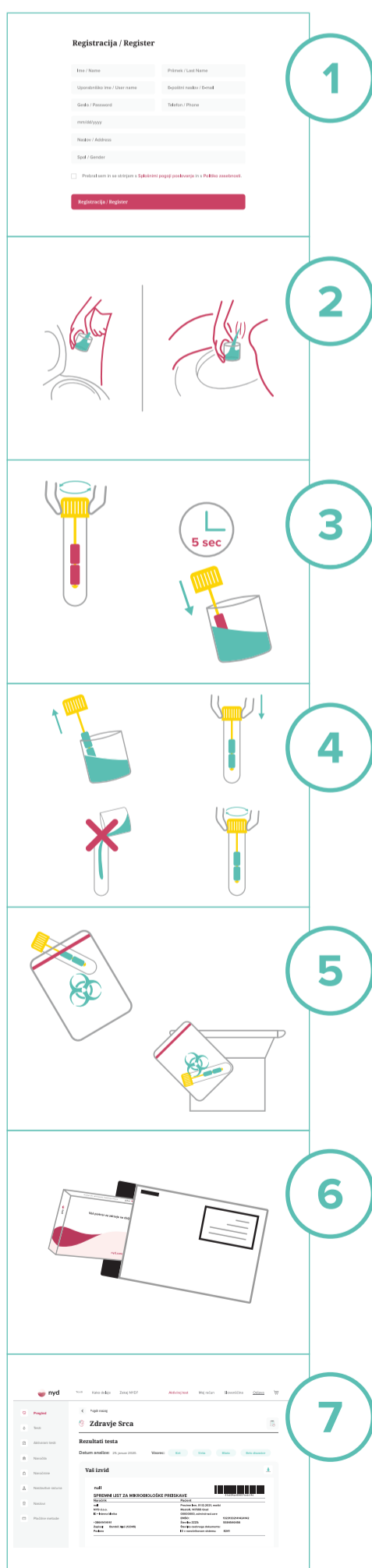
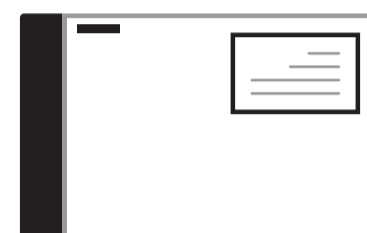
Urine collection cup



Sample transfer bag



Transport bag with printed postage label for package return



1 Register and activate the kit at www.nyd.care/activation/. This is the only way you will be able to receive the results online and by email.

2 In the morning collect a first morning sample of urine in a urine collection cup.

3 Open the urine transport tube and hold the cap that's carrying the sponge. Dip the sponge into the urine collection cup for 5 seconds to absorb the sample of urine.

4 Close the urine transport tube with a cap carrying a urine-soaked sponge. Do not add urine from the urine collection cup into the tube.

5 Insert the urine transport tube into the specimen transfer bag. Place the sample transfer bag together with the test tube back into the NYD kit.

6 Place the entire NYD kit in a shipping bag with a printed postage label and deliver it to your nearest GLS parcel machines immediately after sample collection. Locations of GLS parcel machines can be found here: www.short.nyd.care/paketomat

7 After your sample is processed, you will receive the test results in your online account on the NYD platform and via email.